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**RN SELF-ASSESSMENT**

**PROFICIENCY and SKILLS CHECKLIST**

**Please complete the following checklist by placing a “✓” in the appropriate column. This will be placed in your personnel file. You will not be assigned to a unit involving a skill you have not done until orientation or in service training creates competency in a necessary skill(s).**

1. Knowledge/Experience (two or more years) 2.Some Knowledge/Experience (one year)

3. Intermittent Knowledge/Experience 4.Knowledge and/or Theory only

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **PULMONARY** | **1** | **2** | **3** | **4** |
| Establishing an airway |  |  |  |  |
| Auscultation of Breath Sounds |  |  |  |  |
| O2 Therapy via nasal cannula, face  mask, ambu bag |  |  |  |  |
| Oropharyngeal care/suctioning |  |  |  |  |
| Oximeter-checking O2 saturation |  |  |  |  |
| Nasopharyngeal care/suctioning |  |  |  |  |
| Chest Physio Therapy (CPT) |  |  |  |  |
| Care of adult patient with Trach |  |  |  |  |
| Care of pediatric patient with Trach |  |  |  |  |
| Care of patient on ventilator |  |  |  |  |
| Use and complications of PEEP |  |  |  |  |
| Use and complications of CPAP |  |  |  |  |
| Use and complications of IMV |  |  |  |  |
| Et Intubation/Extubation |  |  |  |  |
| **Thoracentesis** |  |  |  |  |
| Care of patient with chest tube |  |  |  |  |
| Use of water seal drainage system |  |  |  |  |
| Incentive Spirometry (IS) |  |  |  |  |
| Interpretation of lab results |  |  |  |  |
| Other |  |  |  |  |
|  |  |  |  |  |
| **CARDIOVASCULAR** |  |  |  |  |
| Auscultation of heart rate, rhythm |  |  |  |  |
| Assessment of heart sounds, murmurs |  |  |  |  |
| Assessment of pulses, circulatory checks |  |  |  |  |
| Telemetry monitoring |  |  |  |  |
| Apnea Monitor |  |  |  |  |
| Arrhythmia interpretation |  |  |  |  |
| Lead placement(s) List: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |  |  |
| EKG interpretation (12 lead) |  |  |  |  |
| Hemodynamic monitoring |  |  |  |  |
| Interpretation of lab results (cardiac  enzymes, coagulation studies) |  |  |  |  |
| Assist with & monitoring of A-line |  |  |  |  |
| Assist with & monitoring of central line |  |  |  |  |
| Assist with & monitoring of Swan Ganz |  |  |  |  |
| Assist with & monitoring of inta-aortic  balloon pump |  |  |  |  |
| Defibrillation/cardio version |  |  |  |  |
| Pacemaker/permanent, temporary |  |  |  |  |
| Care of Open Heart patient |  |  |  |  |
| Care of patient in shock (anaphylactic,  cardiogenic, hypovolemic, neurogenic, septic) |  |  |  |  |
| Other |  |  |  |  |
|  |  |  |  |  |
| **G/U & G/I** |  |  |  |  |
| Abdominal assessment/bowel sounds |  |  |  |  |
| Assessment of Fluid & Electrolyte Balance |  |  |  |  |
| Interpretation of Lab Results (blood  chemistry, BUN, creatnine) |  |  |  |  |
| Catheter care/straight, Foley, 3 way, condom  (Texas) |  |  |  |  |
| Specimen collections/routine, 24 hour |  |  |  |  |
| Ostomy care/ ileostomy, colostomy and  nephrostomy tube care |  |  |  |  |
| Management of gastrostomy tube (G-tube),  jejunostomy tube (J-tube) |  |  |  |  |
| Placement and care of nasogastric tube (NG) |  |  |  |  |
| Administration of tube feedings/gravity  pumps (sobhoff, corpale) |  |  |  |  |
| Management of PPN, TPN and lipids  administration |  |  |  |  |
| Care of Salem sump to suction |  |  |  |  |
| Administering of saline lavage |  |  |  |  |
| Care of patient with TURP |  |  |  |  |
| Care of patient with hemodialysis |  |  |  |  |
| Care of patient with peritoneal dialysis |  |  |  |  |
| Care of patient with renal transplant |  |  |  |  |
| Other |  |  |  |  |
|  |  |  |  |  |
| **NEUROLOGICAL** |  |  |  |  |
| Assessment of LOC, Motor strength, PERLA |  |  |  |  |
| Glascow coma scale and pathologic reflexes |  |  |  |  |
| Care of patient with neuro trauma |  |  |  |  |
| Use of seizure precautions |  |  |  |  |
| Use of halo traction |  |  |  |  |
| Use of nerve stimulator |  |  |  |  |
| Use of rotation bed |  |  |  |  |
| Use of hyper/hypothermia equipment |  |  |  |  |
| Care of patient pre/post neuro surgery |  |  |  |  |
| Assist with lumbar puncture |  |  |  |  |
| ICP monitoring |  |  |  |  |
| Other |  |  |  |  |
|  |  |  |  |  |
| **ENDOCRINE** |  |  |  |  |
| Assessment of diabetic ketoacidosis |  |  |  |  |
| Assessment of insulin shock |  |  |  |  |
| Interpretation of Lab Results (blood glucose,  thyroid) |  |  |  |  |
| Blood glucose monitoring (accu check, one  touch) |  |  |  |  |
| Insulin Management (sub-q, IV, etc.) |  |  |  |  |
| Other |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
| **MATERNAL/CHILD NURSING** |  |  |  |  |
| Labor assessment & management |  |  |  |  |
| Assist with vaginal delivery |  |  |  |  |
| Assist with forceps vaginal delivery |  |  |  |  |
| Circulate for C-section |  |  |  |  |
| Assist with VBAC |  |  |  |  |
| Vaginal exams |  |  |  |  |
| Assist with placement of intrauterine monitor |  |  |  |  |
| Management of IV Drips |  |  |  |  |
| Use of fetoscope/doppler |  |  |  |  |
| FHR pattern identification |  |  |  |  |
| Fetal scalp blood sampling |  |  |  |  |
| Apgar scores/evaluation & f/u |  |  |  |  |
| Suction of neonates |  |  |  |  |
| Fundus consistency |  |  |  |  |
| Assessment of lochia |  |  |  |  |
| Management of bladder distention |  |  |  |  |
| Management of episiotomies |  |  |  |  |
| Neonate eye prophylaxis |  |  |  |  |
| Collect cord blood samples |  |  |  |  |
| Newborn care |  |  |  |  |
| Neonatal I |  |  |  |  |
| Neonatal II |  |  |  |  |
| Draw blood from U-line |  |  |  |  |
| Circumcision care |  |  |  |  |
| Cord Care |  |  |  |  |
| Photo therapy |  |  |  |  |
| Other |  |  |  |  |
|  |  |  |  |  |
| **PEDIATRICS** |  |  |  |  |
| Note: Please mark a “P” in the appropriate  column in the previous and following categories  that apply to your proficiencies and skills |  |  |  |  |
| IV therapy |  |  |  |  |
| Scalp veins |  |  |  |  |
| Cardiac monitor |  |  |  |  |
| Croup tent |  |  |  |  |
| Use of ventilators |  |  |  |  |
| Calculation and administration of Ped. Dosages |  |  |  |  |
| Other |  |  |  |  |
|  |  |  |  |  |
| **OTHER** |  |  |  |  |
| Care of ortho patient |  |  |  |  |
| Management of fraction |  |  |  |  |
| Management of Bucks traction |  |  |  |  |
| Management of Halo traction |  |  |  |  |
| Management of Skeletal traction |  |  |  |  |
| Management of Stryker Frame |  |  |  |  |
| Care of oncology patients |  |  |  |  |
| Management of chemotherapy |  |  |  |  |
| Isolation techniques |  |  |  |  |
| Care of Burn patient |  |  |  |  |
| Management of First Degree |  |  |  |  |
| Management of Second Degree |  |  |  |  |
| Management of Third Degree |  |  |  |  |
| Management of gangrene |  |  |  |  |
| Care of trauma patients |  |  |  |  |
| Management of drowning |  |  |  |  |
| Management of electrocution |  |  |  |  |
| Management of gun shot wound |  |  |  |  |
| Management of MVA |  |  |  |  |
| Management of M.A.S.T. |  |  |  |  |
| Management of natural disaster(s)/list\_\_\_\_\_\_\_\_\_ |  |  |  |  |
| Care of psychiatric patients: |  |  |  |  |
| Management of adults |  |  |  |  |
| Management of adolescents |  |  |  |  |
| Management of children |  |  |  |  |
| Care of OR patient(s) |  |  |  |  |
| Management of surgical out-pt |  |  |  |  |
| Management of surgical in-pt |  |  |  |  |
| Management of ophthalmologic pt |  |  |  |  |
| Care of RR/PACU patient(s) |  |  |  |  |
| Care of the patient requiring pain management |  |  |  |  |
| Management of anesthesia/blocks |  |  |  |  |
| Management of analgesia |  |  |  |  |
| Management of IV/conscious sedation |  |  |  |  |
| Management of PCA(patient controlled analgesia) |  |  |  |  |
| Wound /management |  |  |  |  |
| Assessment of skin/stasis ulcers, surgical wounds |  |  |  |  |
| Management of sterile dressing changes |  |  |  |  |
| Management of surgical wound/irrigations, drains |  |  |  |  |
| Management of pressure sores |  |  |  |  |
| Management of staged decubitus ulcers |  |  |  |  |
| Management of traumatic wounds |  |  |  |  |
| Other |  |  |  |  |
|  |  |  |  |  |
| **IV’S** |  |  |  |  |
| Starting IV’s/angioccath, butterfly, heparin  lock |  |  |  |  |
| Drawing blood/venous, central line |  |  |  |  |
| Use of IV syringe pump |  |  |  |  |
| TPN administration |  |  |  |  |
| Administration of blood/blood products |  |  |  |  |
| Management of central line catheters |  |  |  |  |
| Management of central line Boviac |  |  |  |  |
| Management of central line Groshong |  |  |  |  |
| Management of central line Hickman |  |  |  |  |
| Management of central line PICC |  |  |  |  |
| Management of central line Portacath |  |  |  |  |
| Management of central line Quinton |  |  |  |  |
| Other |  |  |  |  |

**Name Date Signature**