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**RN SELF-ASSESSMENT**

**PROFICIENCY and SKILLS CHECKLIST**

**Please complete the following checklist by placing a “✓” in the appropriate column. This will be placed in your personnel file. You will not be assigned to a unit involving a skill you have not done until orientation or in service training creates competency in a necessary skill(s).**

1. Knowledge/Experience (two or more years) 2.Some Knowledge/Experience (one year)

3. Intermittent Knowledge/Experience 4.Knowledge and/or Theory only

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **PULMONARY** |  **1** |  **2** |  **3** |  **4** |
|  Establishing an airway |   |   |   |   |
|  Auscultation of Breath Sounds |   |   |   |   |
|  O2 Therapy via nasal cannula, face mask, ambu bag |   |   |   |   |
|  Oropharyngeal care/suctioning |   |   |   |   |
|  Oximeter-checking O2 saturation |   |   |   |   |
|  Nasopharyngeal care/suctioning  |   |   |   |   |
|  Chest Physio Therapy (CPT) |   |   |   |   |
|  Care of adult patient with Trach |   |   |   |   |
|  Care of pediatric patient with Trach |   |   |   |   |
|  Care of patient on ventilator |   |   |   |   |
|  Use and complications of PEEP |   |   |   |   |
|  Use and complications of CPAP |   |   |   |   |
|  Use and complications of IMV |   |   |   |   |
|  Et Intubation/Extubation |   |   |   |   |
| **Thoracentesis** |   |   |   |   |
|  Care of patient with chest tube |   |   |   |   |
|  Use of water seal drainage system |   |   |   |   |
|  Incentive Spirometry (IS) |   |   |   |   |
|  Interpretation of lab results |   |   |   |   |
|  Other |   |   |   |   |
|  |  |  |  |  |
| **CARDIOVASCULAR** |  |  |  |  |
|  Auscultation of heart rate, rhythm |   |   |   |   |
|  Assessment of heart sounds, murmurs |   |   |   |   |
|  Assessment of pulses, circulatory checks |   |   |   |   |
|  Telemetry monitoring |   |   |   |   |
|  Apnea Monitor |   |   |   |   |
|  Arrhythmia interpretation |   |   |   |   |
|  Lead placement(s) List: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |   |   |   |   |
|  EKG interpretation (12 lead) |   |   |   |   |
|  Hemodynamic monitoring |   |   |   |   |
|  Interpretation of lab results (cardiac  enzymes, coagulation studies) |   |   |   |   |
|  Assist with & monitoring of A-line |   |   |   |   |
|  Assist with & monitoring of central line |   |   |   |   |
|  Assist with & monitoring of Swan Ganz |   |   |   |   |
|  Assist with & monitoring of inta-aortic balloon pump  |   |   |   |   |
|  Defibrillation/cardio version |   |   |   |   |
|  Pacemaker/permanent, temporary |   |   |   |   |
|  Care of Open Heart patient |   |   |   |   |
|  Care of patient in shock (anaphylactic,  cardiogenic, hypovolemic, neurogenic, septic) |   |   |   |   |
|  Other |   |   |   |   |
|  |  |  |  |  |
| **G/U & G/I** |  |  |  |  |
|  Abdominal assessment/bowel sounds |   |   |   |   |
|  Assessment of Fluid & Electrolyte Balance |   |   |   |   |
|  Interpretation of Lab Results (blood  chemistry, BUN, creatnine) |   |   |   |   |
|  Catheter care/straight, Foley, 3 way, condom (Texas) |   |   |   |   |
|  Specimen collections/routine, 24 hour |   |   |   |   |
|  Ostomy care/ ileostomy, colostomy and  nephrostomy tube care |   |   |   |   |
|  Management of gastrostomy tube (G-tube),  jejunostomy tube (J-tube) |   |   |   |   |
|  Placement and care of nasogastric tube (NG) |   |   |   |   |
|  Administration of tube feedings/gravity  pumps (sobhoff, corpale) |   |   |   |   |
|  Management of PPN, TPN and lipids  administration |   |   |   |   |
|  Care of Salem sump to suction |   |   |   |   |
|  Administering of saline lavage |   |   |   |   |
|  Care of patient with TURP |   |   |   |   |
|  Care of patient with hemodialysis |   |   |   |   |
|  Care of patient with peritoneal dialysis |   |   |   |   |
|  Care of patient with renal transplant |   |   |   |   |
|  Other |   |   |   |   |
|  |  |  |  |  |
| **NEUROLOGICAL** |  |  |  |  |
|  Assessment of LOC, Motor strength, PERLA |   |   |   |   |
|  Glascow coma scale and pathologic reflexes |   |   |   |   |
|  Care of patient with neuro trauma |   |   |   |   |
|  Use of seizure precautions |   |   |   |   |
|  Use of halo traction |   |   |   |   |
|  Use of nerve stimulator  |   |   |   |   |
|  Use of rotation bed |   |   |   |   |
|  Use of hyper/hypothermia equipment |   |   |   |   |
|  Care of patient pre/post neuro surgery |   |   |   |   |
|  Assist with lumbar puncture |   |   |   |   |
|  ICP monitoring |   |   |   |   |
|  Other |   |   |   |   |
|  |  |  |  |  |
| **ENDOCRINE** |  |  |  |  |
|  Assessment of diabetic ketoacidosis |   |   |   |   |
|  Assessment of insulin shock |   |   |   |   |
|  Interpretation of Lab Results (blood glucose,  thyroid) |   |   |   |   |
|  Blood glucose monitoring (accu check, one  touch) |   |   |   |   |
|  Insulin Management (sub-q, IV, etc.) |   |   |   |   |
|  Other |   |   |   |   |
|  |  |  |  |  |
|  |  |  |  |  |
| **MATERNAL/CHILD NURSING**   |  |  |  |  |
|  Labor assessment & management |   |   |   |   |
|  Assist with vaginal delivery |   |   |   |   |
|  Assist with forceps vaginal delivery |   |   |   |   |
|  Circulate for C-section |   |   |   |   |
|  Assist with VBAC |   |   |   |   |
|  Vaginal exams |   |   |   |   |
|  Assist with placement of intrauterine monitor |   |   |   |   |
|  Management of IV Drips |   |   |   |   |
|  Use of fetoscope/doppler |   |   |   |   |
|  FHR pattern identification |   |   |   |   |
|  Fetal scalp blood sampling |   |   |   |   |
|  Apgar scores/evaluation & f/u |   |   |   |   |
|  Suction of neonates |   |   |   |   |
|  Fundus consistency |   |   |   |   |
|  Assessment of lochia |   |   |   |   |
|  Management of bladder distention |   |   |   |   |
|  Management of episiotomies |   |   |   |   |
|  Neonate eye prophylaxis |   |   |   |   |
|  Collect cord blood samples |   |   |   |   |
|  Newborn care |   |   |   |   |
|  Neonatal I |   |   |   |   |
|  Neonatal II |   |   |   |   |
|  Draw blood from U-line |   |   |   |   |
|  Circumcision care |   |   |   |   |
|  Cord Care |   |   |   |   |
|  Photo therapy |   |   |   |   |
|  Other |   |   |   |   |
|  |  |  |  |  |
| **PEDIATRICS** |  |  |  |  |
|  Note: Please mark a “P” in the appropriate  column in the previous and following categories  that apply to your proficiencies and skills  |  |  |  |  |
|  IV therapy |   |   |   |   |
|  Scalp veins |   |   |   |   |
|  Cardiac monitor |   |   |   |   |
|  Croup tent |   |   |   |   |
|  Use of ventilators |   |   |   |   |
|  Calculation and administration of Ped. Dosages |   |   |   |   |
|  Other |   |   |   |   |
|  |  |  |  |  |
| **OTHER** |  |  |  |  |
|  Care of ortho patient |   |   |   |   |
|  Management of fraction |   |   |   |   |
|  Management of Bucks traction |   |   |   |   |
|  Management of Halo traction |   |   |   |   |
|  Management of Skeletal traction |   |   |   |   |
|  Management of Stryker Frame |   |   |   |   |
|  Care of oncology patients |   |   |   |   |
|  Management of chemotherapy |   |   |   |   |
|  Isolation techniques |   |   |   |   |
|  Care of Burn patient |   |   |   |   |
|  Management of First Degree |   |   |   |   |
|  Management of Second Degree |   |   |   |   |
|  Management of Third Degree |   |   |   |   |
|  Management of gangrene |   |   |   |   |
|  Care of trauma patients |   |   |   |   |
|  Management of drowning |   |   |   |   |
|  Management of electrocution |   |   |   |   |
|  Management of gun shot wound |   |   |   |   |
|  Management of MVA |   |   |   |   |
|  Management of M.A.S.T. |   |   |   |   |
|  Management of natural disaster(s)/list\_\_\_\_\_\_\_\_\_ |   |   |   |   |
|  Care of psychiatric patients: |   |   |   |   |
|  Management of adults |   |   |   |   |
|  Management of adolescents |   |   |   |   |
|  Management of children |   |   |   |   |
|  Care of OR patient(s) |   |   |   |   |
|  Management of surgical out-pt |   |   |   |   |
|  Management of surgical in-pt |   |   |   |   |
|  Management of ophthalmologic pt |   |   |   |   |
|  Care of RR/PACU patient(s) |   |   |   |   |
|  Care of the patient requiring pain management |   |   |   |   |
|  Management of anesthesia/blocks |   |   |   |   |
|  Management of analgesia |   |   |   |   |
|  Management of IV/conscious sedation |   |   |   |   |
|  Management of PCA(patient controlled analgesia) |   |   |   |   |
|  Wound /management |   |   |   |   |
|  Assessment of skin/stasis ulcers, surgical wounds |   |   |   |   |
|  Management of sterile dressing changes |   |   |   |   |
|  Management of surgical wound/irrigations, drains |   |   |   |   |
|  Management of pressure sores |   |   |   |   |
|  Management of staged decubitus ulcers |   |   |   |   |
|  Management of traumatic wounds |   |   |   |   |
|  Other |   |   |   |   |
|  |  |  |  |  |
| **IV’S** |  |  |  |  |
|  Starting IV’s/angioccath, butterfly, heparin  lock |   |   |   |   |
|  Drawing blood/venous, central line |   |   |   |   |
|  Use of IV syringe pump |   |   |   |   |
|  TPN administration |   |   |   |   |
|  Administration of blood/blood products |   |   |   |   |
|  Management of central line catheters |   |   |   |   |
|  Management of central line Boviac |   |   |   |   |
|  Management of central line Groshong |   |   |   |   |
|  Management of central line Hickman |   |   |   |   |
|  Management of central line PICC |   |   |   |   |
|  Management of central line Portacath |   |   |   |   |
|  Management of central line Quinton |   |   |   |   |
|  Other |   |   |   |   |

**Name Date Signature**