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**Companion/Sitter Caregiver**

Companion/Sitter Caregiver provides services in an effort to maintain or increase the functioning capacity of clients being served; keeping them independent in their homes. These services will be provided to elderly, handicapped, or convalescing individuals.

**Working conditions:**

All caregivers work in the clients’ homes, assisting them with keeping a home running as normally as possible.

**Duties and Responsibilities:**

* **Cleaning**- for client safety and comfort – kitchen, bedroom, bathroom, laundry, changing sheets, and light housework of clients living spaces
* **Meals** – shopping for food, cooking food, following special diets, serving food, feeding client
* **Emotional support** – companionship, teaching, having conversations, playing cards
* **Transportation** – errands, medical appointments
* **Communication** – coordinating patient care with other members of health care team; reporting changes in patient condition to family, agency and medical team; keep records of patient care
* **Requirements:**
* Must be able to bend down, lift, and do other things associated with cleaning, cooking and care giving.
* Must also be able to handle patient suffering that might be due to physical or emotional problems at home.
* Since most clients cannot be left alone, caregivers will be required to take “on duty meal break” and not leave the clients home during the break.